



ABOUT US...

The Tennessee Hemophilia & Bleeding Disorders Foundation (THBDF) is a 501 (c) 3 non-profit organization that was formed in 1970 by patients, parents and health care professionals to provide support, advocacy, and education to families affected by bleeding disorders who receive care from a Tennessee Hemophilia Treatment Center.

CONTACT US

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OUR MISSION

*TO ENHANCE THE LIVES OF THOSE
AFFECTED BY BLEEDING DISORDERS*



242 Heritage Park Drive, Ste 105
Murfreesboro, TN 37129



Supporting Families & Individuals Since 1970



Visit us on our website at
www.thbdf.org



WHAT IS A BLEEDING DISORDER?

A bleeding disorder is a genetic blood clotting deficiency caused by the absence or inactivity of a blood protein called clotting “factor.” When injured, your blood normally begins clotting to prevent massive loss of blood.

A person with a bleeding disorder can experience frequent and often spontaneous episodes of bleeding with the most severe cases in joints, muscles and vital organs. These can result in life-threatening emergencies and crippling long-term complications.

Hemophilia and related bleeding disorders, such as von Willebrand disease, are genetically inherited. However, one in three diagnosed cases of hemophilia result from a spontaneous genetic mutation where there is no family history of abnormal bleeding.

Approximately 20,000 people in the United State are affected by hemophilia. An estimated 280,000 live with von Willebrand disease.

GET INVOLVED

If you love fundraisers or you are a social media guru, consider volunteering, or even running a fundraiser. We are always looking for volunteers for our committees, fundraisers, programs and more. Just give the Foundation a call and let us know how you are interested in helping.

THBDF provides its programs through fundraising activities, grants, sponsorships and private donations. Participation in our fundraisers, as well as direct donations, enables us to continue to offer programs vital to the bleeding disorder community. We also accept in-kind donations such as gift cards, and silent/live auction items for fundraising efforts.

\$40 gives a person a medic alert bracelet

\$150 - \$250 sends a blood brother or sister to an educational retreat

\$400 provides emergency support to one family

\$425 sends a couple to the caregiver retreat

\$675 sends one child to Camp Freedom for a week

\$850 sends a family to the Annual Meeting for the weekend

\$1,000 pays for a Dugdale/van Eys Scholarship

Your generous support makes it possible for THBDF to continue providing educational programs, camp, and assistance to those affected by bleeding disorders. You can donate by calling the Foundation office at 615-900-1986 or go to our website at www.thbdf.org



PROGRAMS PROVIDED BY THBDF

Bleeding disorders can affect the patient and their family physically, emotionally, and financially. THBDF is here to provide support and programs through the following:

- Advocacy Training and Day on the Hill
- Retreats and peer support groups for families, caregivers, women, men, and teens
- Statewide Annual Meeting
- Empower Me dinners
- College Scholarships
- Financial Emergency Assistance
- Camp Freedom
- Annual Fall Festival
- Annual Fundraising events that include walk/5k & Royal Gala
- Community hosted fundraising events that include a 2 & 4 mile run and cornhole tournament
- Pulse Newsletter sent out 3 times a year

PROUD MEMBERS OF

Hemophilia Federation of America
Center for Non-Profits (CNM)
Community Health Charities